



The Cliffs
LIFESTYLE

MAY 2008

The Showcase Green Home at The Cliffs at Mountain Park is a remarkable example of how to build a sustainable home without sacrificing creature comforts. For the full story, see page 4.



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Preserving Life & *Lifestyle*

The Showcase Green Home at Mountain Park illustrates the results of ecologically sensitive construction, which actually begins with the land and the placement of the home on it. The Cliffs is committed to protecting the natural habitats and ecosystems in all of our communities and surrounding areas. We are always seeking and implementing new environmentally friendly initiatives and, in April, The Cliffs at Mountain Park introduced the first EarthCraft™ certified showcase green home to be constructed in our communities.

This remarkable residence serves as an example of how to build a sustainable home without sacrificing creature comforts. This home incorporates all of the current environmentally friendly strategies in the creation of a home that imposes little stress on the environment. Some of the home features include designer appliances and plumbing fixtures, luxurious linens and fabrics made from organic fibers, the implementation of “phantom screens” to enhance mountain breezes and the use of recycled marble, travertine, granite and ceramic tile. Each of these elements provides for beautiful textures and lush surroundings, yet is beneficial to the preservation of the environment.

The interior of the home, designed by Postcard From Paris, radiates a sense of peace and serenity throughout. Carefully selected colors from an earth-tone palette emphasize the all-

“Green” Features Include:

Board Form Concrete Retaining Wall

Light Colored Concrete Roof

System Solar Panels on Roof for Water Heating Assistance

Three-Foot Roof Overhang to Provide Shade

Eastern White Pine Beams and Reclaimed Heart Pine Ceilings in Dining and Foyer

Bi-fold Door with Phantom Screens in Dining Room and both Living Rooms

Stained Concrete, Reclaimed Heart Pine, Granite, Slate, Marble and Richlite Countertops

Solar-assisted Gas Water Heater with Recirculation System

Dual Fuel, Four-Zone HVAC System with Air Purification System, Humidification and Dehumidification System, and Programmable Thermostats in Each Zone

Soy-Based Foam Insulation in Basement and Attic and Formaldehyde-free Fiberglass Insulation for Soundproofing

Central Water Treatment and Reverse Osmosis Drinking Water Filtration System



The gourmet kitchen features an ENERGY STAR dishwasher that uses 40% less energy. Concrete countertops and MDF cabinets allow for tree preservation.



The open floor plan allows for cross breezes which are accessed via bi-fold doors with phantom screens. Other features include eastern white pine beams, reclaimed heart pine ceilings and the use of low VOC (Volatile Organic Compound) paint.



The master bedroom features an Eco Therapy mattress that is constructed of bamboo yarn and is naturally anti-bacterial and contains moisture-managing properties. Eco-friendly pillows are filled with lyocell, a biodegradable natural cellulose (the most abundant and replenishing biopolymer on earth).

natural essence of the home. Beautiful furniture made from reclaimed materials, local antiques and lush fabrics and linens create a unique sense of warmth and comfort. Artwork commissioned by a local artist that uses natural canvas, charcoal and non-toxic paints decorates the walls.

“The interior design style itself is refined and, to an extent, modern in an effort to maintain a strong sense of style along with a sense of balance with the environment. The use of a natural color palette, natural materials, and natural or rustic finishes in lighting, cabinet and door hardware merge green design seamlessly into the upper echelon of mountain living,” said Linda McDougald, Owner of Postcard From Paris.

Designed by the Johnston Design Group and built by Covington/Tutmun, a construction team focused on the responsible use of materials, including reclaimed heart pine floors and countertops and flooring derived from natural fibers. Windows designed to optimize natural light

and ventilation, energy saving appliances and compact fluorescent lighting help reduce energy costs.

“We encourage everyone to learn from this example and to incorporate the appropriate components in the design of their residence,” said Jim Anthony, President and Founder of The Cliffs Communities, Inc.

We invite you to visit The Cliffs at Mountain Park to learn more about the Showcase Green Home and The Cliffs’ mission to maintain and enhance the natural environment in which we live. For more information and to schedule a tour, please contact Ginny Hall, new home specialist, at (864) 380-1163.